



Koninklijke Belgische Vereniging
voor Fysische Geneeskunde & Revalidatie
Société Royale Belge de
Médecine Physique et de Réadaptation

ANNUAL CONGRESS OF PHYSICAL & REHABILITATION MEDICINE



**BACK TO REHAB
REHAB FOR BACK**
Friday, 7 and Saturday, 8 December 2018
Provinciehuis, Leuven
www.prmbelgium.org

PRELIMINARY PROGRAMME



Valérie Gangji (ULB Hôpital Erasme)	President
Koen Peers (UZ Leuven)	Vice-President
Thierry Lejeune (Cliniques universitaires Saint-Luc)	Vice-President
Martine De Muynck (UZ Gent)	Secretary
Thierry Parlevliet (UZ Gent)	Treasurer
Valérie Bartsch (CHU de Liège)	Members
Thierry Deltombe (UCL Namur site Godinne)	
Philippe Hanson (UCL Namur site Godinne)	
Samar Hatem (CHU Brugmann)	
Jean-François Kaux (CHU de Liège)	
Kristine Oostra (UZ Gent)	
Gaëtan Stocquart (Cliniques universitaires Saint-Luc)	
Guy Vanderstraeten (UZ Gent)	
Peter Van Wambeke (UZ Leuven)	

Organisation

MEDICONGRESS

Noorwegenstraat 49

9940 Evergem, Belgium

Phone: +32 (0)9 218 85 85

Fax: +32 (0)9 344 40 10

Email: rbsprm@medicongress.com

Web: www.prmbelgium.org and www.medicongress.com



Programme developed in collaboration with Wonder Reizen, Lic. A 5603

08.50		Welcome Address
		Session 1: Guidelines (international) Chairs: Guy Vanderstraeten & Valérie Bartsch
09.00	I1	Low back pain - A major global health challenge for PRM <i>Jaro Karppinen, Center for Life Course Health Research, University of Oulu, Finland</i>
		Free Communications
10.00	O1	Comparison between the STarT Back Screening Tool and the Örebro Musculoskeletal Pain Screening Questionnaire: Which tool for what purpose? A semi-systematic review <i>Alexis Lheureux, Université Catholique de Louvain</i>
10.10	O2	Lumbar chronic adhesive arachnoiditis as a result of epidural infiltrations: A retrospective study <i>Andres Beele, UZ Gent</i>
10.20	O3	Postoperative bracing after lumbar surgery: A survey amongst spinal surgeons in Belgium <i>Liedewij Bogaert, UZ Leuven</i>
10.30		Coffee Break
		Session 2: Guidelines & pathways (national) – Joint session with SSBc Chairs: Gaëtane Stassijns & Patrick Van Schaeybroeck
11.00	I2	Six years of SSBc: (R)evolution in spinal care <i>Patrick Van Schaeybroeck, President of the SSBc</i>
11.15	I3	KCE guidelines on LBP and radicular pain: What's new and what's different from NICE? <i>Peter Van Wambeke, UZ Leuven</i>
11.45	I4	A national pathway for the management of low back pain and radicular pain in Belgium <i>Bart Depreitere, SSBc</i>

- 12.15 **P1** **Short Poster Presentations**
Case report: Thoracal disc herniation with paresis of the abdominal wall musculature
Helinton Fonseca de Oliveira Souto, UZ Gent
- P2** **Can lumbar stabilization stop the susceptibility to hamstring injuries?**
Peter Verspeelt, UZ Antwerpen
- P3** **Progressive muscular weakness of lower limbs revealing a limb girdle muscular dystrophy**
Grégoire Saintmard, UCL
- P4** **Case report: Diagnosis of common peroneal neuropathy secondary to fabella**
Joris De Win
- P5** **Atypical femur fracture and bisphosphonate therapy - A case report**
Peter Roman, UZ Gent
- P6** **Lower back pain not always primarily musculoskeletal: Case**
Stijn Roggeman, UZ Brussel
- P7** **Spinal cord injury after high voltage electrical burn: A case report**
Mubine Rahamatali, UCL
- P8** **Responders to platelet-rich plasma in osteoarthritis: A technical analysis**
Jean-François Kaux, CHU Liège
- P9** **Sudden death after head injury in soccer**
Saskia Bosch, Stellenbosch University
- P10** **Professional golfer presenting with post-shoulder operation “Yips” in the left arm during golfing**
Arne Hautekiet, UZ Gent

- P11** **Pott’s Disease: A very rare case of chronic back pain**
Thomas Mathieu, UZ Antwerpen
- P12** **The modified low back pain disability questionnaire: Reliability, validity and responsiveness of a Dutch language version**
Lenie Denteneer, UZ Antwerpen
- P13** **The identification of preliminary prognostic indicators that predict treatment response for exercise therapy in patients with nonspecific chronic low back pain: A multiple-arm cohort study design**
Lenie Denteneer, UZ Antwerpen
- 12.45 Lunch
- 13.15 **Satellite Symposium organised by Tilman**
Bio-optimized curcumin (Flexofytol) is effective to relieve pain in Knee OA patients: Results from COPRA study
Yves Henrotin, ULg
- Session 3: Evidence in Rehabilitation Medicine**
 Chairs: *Carlotte Kiekens & Thierry Lejeune*
- 14.00 **I5** **Evidence in Physical and Rehabilitation Medicine: Between facts and prejudice**
Stefano Negrini, Cochrane Rehabilitation, University of Brescia, Italy
- 14.45 **General Assembly** with announcement partnership with Cochrane Rehabilitation and official signature of a Memorandum of Understanding - Election of the president

Free Communications

- 15.00 **O4** **Effects of fampridine in persons with multiple sclerosis: A systematic review and meta-analysis**
Mélanie Quoilin, Cliniques Universitaires de Saint Luc
- 15.10 **O5** **Treatment of osteoporosis after spinal cord injury: A systematic review**
Maarten Lauwers, UZ Leuven
- 15.20 **O6** **Effectiveness of ESWT in the treatment of chronic Achilles tendinopathies? A literature study**
Manon Moyaert, UZ Leuven
- 15.30 Coffee Break

Session 4: Rehabilitation of the back

Chairs: Kristine Oostra & Thierry Parlevliet

- 16.00 **I6** **Are clinical tests in patients with low back pain reliable?**
Lenie Denteneer, UZ Antwerpen
- 16.20 **I7** **From structural to functional characteristics of the lumbar multifidus**
Sofie Rummens, UZ Leuven
- 16.40 **I8** **Low back pain and motor control**
Stéphanie Grosdent, University of Liège

Free Communications

- 17.00 **O7** **Quantitative ultrasound in Achilles tendons: New technique, new insights**
Stijn Bogaerts, UZ Leuven
- 17.20 **O8** **Effectiveness of upper limb robotic-assisted therapy in acute stroke patients: A single-blind, randomised, controlled trial**
Stéphanie Dehem, UCL

- 17.30 **O9** **Simplified indices of exercise tolerance among patients with multiple sclerosis and healthy subjects: A cross-sectional study**
Maxime Valet, Cliniques Universitaires Saint-Luc
- 17.40 **O10** **Evaluation of physical performance in patients with axial spondyloarthritis**
Tomasz Linkowski, Université Libre de Bruxelles
- 17.50 **O11** **Comparison of the selective tibial nerve neurotomy versus tendons lengthening for the equinovarus foot in a population of walking cerebral lesion**
Antoine Royer, Center of Traumatology and Readaptation
- 18.00 End of Day 1
- 19.00 Congress Dinner



Session 5: Spine Units & Nomenclature

Chairs: Philippe Hanson & Koen Peers

- 09.00 **New projects – New financing: Spine Unit – Low variability care**
I9 *Jan De Neve, Professional Association PRM; AZ St Jan Brugge*
I10 *Patrick Linden, Professional Activities PRM Belgium*
- 10.00 **I11 Presentation of the White Book on Physical and Rehabilitation Medicine in Europe**
Stefano Negrini, University of Brescia, Italy
- 10.30 Coffee Break

Session 6: Scoliosis conservative, rehabilitative and surgical management

Chairs: Stefano Negrini & Jean-François Kaux

- 11.00 **I12 Scoliosis: From conservative management to surgical treatment and post-surgery rehabilitation**
Sarah Bethlen, CHU Liège and Philippe Gillet, CHU Liège
- 12.00 **Free Communications**
- 12.00 **O12 The use of platelet-rich plasma (PRP) to treat chronic tendinopathies: A technical analysis**
Jean-François Kaux, University Hospital of Liège
- 12.10 **O13 Study of sarcopenia in patients with fibromyalgia**
Abeline Kapuczinski, Erasmus Hospital
- 12.20 **O14 Grip and pinch strength loss in patients with psoriatic arthritis**
Thomas Francaux, Erasmus Hospital
- 12.30 **Closing Remarks**

	Two days	Until 30/11/2018	As of 01/12/2018
Member RBSPRM / SSBe		€ 75,00	€ 100,00
Non-Member		€ 125,00	€ 150,00
European Board Certified Member		€ 55,00	€ 75,00
Resident Member RBSPRM / SSBe*		€ 0,00	€ 0,00
Resident Non-Member, Paramedic*		€ 35,00	€ 50,00
Congress Dinner on Friday 7 December**		€ 50,00	€ 50,00
	Saturday only	Until 30/11/2018	As of 01/12/2018
Member RBSPRM		€ 40,00	€ 55,00
Non-Member		€ 65,00	€ 80,00
Resident Member RBSPRM*		€ 0,00	€ 0,00
Resident Non-Member, Paramedic*		€ 25,00	€ 35,00

*Certificate confirming Resident/Paramedic status must be uploaded during the online registration procedure; without certificate, the Non-Member fee will be charged.

**The Congress Dinner will take place at the Faculty Club. A limited number of seats are available. Separate registration and payment however are required.



Registration

Confirmation

Immediately after submitting your online registration form, an automatic confirmation is sent by email. If you do not receive this automatic confirmation, your registration has not been made successfully. Medicongress will send a formal confirmation by email after receipt of payment.

Cancellation Policy & Changes

Any participant cancelling his/her registration before 1 December 2018, will receive a refund, less 25,00 Euro covering administration costs. No refunds are made after this date.

Changes: You will receive a personal link in your final confirmation email. With this link it will be possible to make a name change.

Registration includes

Participation in the scientific sessions and the technical exhibition, the coffee breaks and the walking lunch. Participants also receive the programme and abstract book and all Congress documents.

How to Register

The online registration form is available at www.prmbelgium.org and www.medicongress.com.

Payment by

- Credit Card: All major credit cards are accepted.

- Bank transfer into account number: 123-9937017-82

Account Name: MediCongress Services

IBAN: BE25 1239 9370 1782

BIC/SWIFT: CTBKBEBX

Bank Address: Beobank, Waterloolaan 16, 1000 Brussel

Please indicate the name of the participant and the congress name on all money wires.



For Information and Registration:
www.prmbelgium.org and www.medicongress.com

