Koninklijke Belgische Vereniging voor Fysische Geneeskunde en Revalidatie
Société Royale Belge de Médicine Physique et de Réadaptation

ANNUAL CONGRESS OF

PHYSICAL AND REHABILITATION MEDICINE

Programme

PRM Congress 2026:
New format to connect generations

THURSDAY 26 & FRIDAY 27 NOVEMBER

PROVINCIEHUIS LEUVEN

www.prmbelgium.org

Board of the Royal Belgian Society of Physical and Rehabilitation Medicine (RBSPRM)

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Organisation

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Welcome Address

Dear Colleagues,

On behalf of the Board of the Royal Belgian Society of Physical and Rehabilitation Medicine, it is my pleasure to warmly welcome you to the **Annual Congress of the Royal Belgian Society of Physical and Rehabilitation Medicine (RBSPRM)**, taking place in Leuven on Thursday 26 and Friday 27 November 2026.

Under the theme **'PRM Congress 2026: A New Format to Connect Generations'**, this year's congress embraces a renewed approach to bringing together experienced professionals and the next generation of colleagues. Our aim is to foster the exchange of knowledge and expertise, encourage new perspectives, and strengthen the professional community that unites us in Physical and Rehabilitation Medicine.

On **Thursday afternoon, 26 November**, the programme starts with hands-on workshops and clinical case discussions, offering opportunities for practical learning and interactive exchange. The afternoon will conclude with plenary lectures, followed by a networking reception to which you are warmly invited.

On **Friday, 27 November**, a full day of scientific sessions will focus on the hip joint and low-cost, innovative technologies in Physical and Rehabilitation Medicine. The programme will also feature sessions on Ethics and Economy, PhD presentations, and selected oral communications.

We hope this new congress format will inspire meaningful discussions and foster connections across generations.

We wish you an enjoyable congress filled with new insights and fruitful exchanges!

Yours sincerely,

Thierry Lejeune
President of the RBSPRM

13.20 **President's Welcome** — **Auditorium**
Thierry Lejeune, President of the RBSPRM

Welcome by Young PRM Belgium
Ioana Bradatan and Julien Duyck, Young PRM Society Belgium

Workshops

13.30 **Ultrasound guided injection of the upper limb** — **Room 4&5**
Organised with the support of AbbVie
With the technical support of: Benetec & Esaote
Teachers: Thierry Deltombe and Alexis Lheureux, CHU UCL Namur site Mont-Godinne

EMG basic course: Nerve conduction studies — **Room 2&3**
Organised with the support of Natus / OSG
Teachers: Sofie Rummens and Elise Robbens, KULeuven, Florence Manto and Céline Sauvant, CHU de Liège

This course will be repeated at 15.40 hrs.

Ultrasound basic course — **Foyer**
- Hand and wrist ultrasound – tendons, nerves, ligaments, common pathologies
- Hip ultrasound – sciatic nerve, peri-articular structures, FAI assessment

With the technical support of: Benetec, Esaote & GE Healthcare
Teachers: Adelheid Steyaert and Thierry Parlevliet, UGent

14.15 Transition time

Press Room

14.25 **Risk management and safety of (K)AFOs in daily use: Overview and specifications of different solutions**
Organised with the support of Vigo
Speaker: Christiaan Mertens, Vigo Ottobok.care

Ultrasound guided injection of the lower limb — **Room 4&5**
Organised with the support of Ipsen
With the technical support of: Benetec & Esaote
Teachers: Thierry Deltombe and Alexis Lheureux, CHU UCL Namur site Mont-Godinne

EMG advanced course: Quantitative MUAP analysis — **Room 2&3**
Organised with the support of Natus / OSG
Teachers: Elise Robbens, KULeuven and Florence Manto, CHU de Liège

This course will be repeated at 16.45 hrs.

Ultrasound advanced course — **Foyer**
- Ultrasound-guided procedures for ACNES
- US-guided lateral femoral cutaneous nerve (LFCN) procedures
- Ultrasound guided infiltration techniques lower limb

With the technical support of: Benetec, Esaote & GE Healthcare
Teachers: Adelheid Steyaert and Thierry Parlevliet, UGent

15.10 Coffee break

Please note: Two Case Reports sessions take place simultaneously in the Auditorium and the Press Room

Case Reports — **Auditorium**
Chairs: Martine De Muynck & Hélène Scheuren

15.40 **CR1** **Dorsal defect of the patella, a poorly understood benign lesion: A case report**
Inès Liégeois, CHR Huy

15.50 **CR2** **Extraneural ganglion cyst of the tibial nerve as a cause of tarsal tunnel syndrome: A case report**
Nele Truijen, Heilig Hart Hospital Lier

16.00 **CR3** **Management and prognosis of high-grade L5-S1 spondylolisthesis in an adolescent gymnast: A case report**
Evert Theys, UZ Leuven

16.10 **CR4** **Hydroxyapatite deposition disease of the longus colli muscle: A case report and literature review**
Marie Lievens, AZ Sint-Lucas Gent

16.20 **CR5** **Hip dysplasia, not just a childhood disease: A case report**
Mathilde Ketels, UZ Gent

16.30 **CR6** **A case report of frozen shoulder in menopause: Estrogen related or not?**
Charlotte Dujardin, AZ Sint-Maria Halle

16.40 **CR7** **Multiple myeloma masquerading as refractory low back pain**
Lucas Lamote, UZ Leuven & AZ Delta Roeselare

Case Reports — **Press Room**
Chairs: Guy Vanderstraeten & Sertac Seker

15.40 **CR8** **Bilateral neuralgic amyotrophy in a young athletic male: A case report**
Robin Van der Veken, KULeuven

15.50 **CR9** **Parsonage-Turner Syndrome presenting as posteri interosseous mononeuropathy**
Julien Duyck, UZ Leuven & AZ Delta Roeselare

16.00 **CR10** **A rare case of bilateral lower leg pain and tension: A diagnostic challenge**
Lucas Deraedt, UZ Gent

16.10 **CR11** **Functional popliteal artery entrapment syndrome treated with botulinum toxin: A case report**
Quentin Baré, CHU de Liège

16.20 **CR12** **Congenital cervical block vertebrae: A case report on diagnostic evaluation and clinical management**
Max Wildiers, UZ Leuven

16.30 **CR13** **Progressive encephalomyelitis with rigidity and myoclonus (PERM): Clinical presentation and rehabilitation: A case report**
Jasper Braeken, AZ Sint-Maarten Mechelen

16.40 **CR14** **Symptomatic deep peroneal nerve entrapment: The first reported case of compression by the Tibioastragalus Anticus of Gruber**
Margot Van Cauwenberge, AZ Maria Middelares Gent

16.50 **CR15** **Acute bilateral carpal tunnel syndrome following pneumonia and a suspected hypersensitivity reaction**
Teun Muylle, UZ Brussel

Plenary Talks — **Auditorium**
Chairs: Jean-François Kaux, Olivier Nachtergaele & Sophie Lambrecht

17.00 **I1** **Diagnosis and treatment of hip injuries in athletes**
Marc Jayankura, CHIREC Bruxelles

17.25 **I2** **My paralympic experience**
Roger Habsch, Belgian para-athlete

17.50 Networking Reception in the exhibition

08.45 **Welcome Address** — **Auditorium**
Thierry Lejeune, President of the RBSPRM

Session I: Low-cost new technologies to assess our patients
Chairs: Gaëtan Stoquart & Ruth Van der Looven

09.00 I3 **Exploring motor and cognitive function in immersive virtual reality after stroke**
Gauthier Everard, UCLouvain

PhD Talks
09.25 **Advances in the diagnosis and neurorehabilitation of spatial neglect and distractor inhibition impairments using XR**
Gregorio Sorrentino, UCLouvian

09.40 **Inferior pubic ligament injury: A new diagnostic concept in athletic groin pain**
Thomas Mathieu, AZ Rivierenland

Free Communications
09.55 O1 **Augmented reality glasses for portable and easy-to-use ultrasound imaging to perform therapeutic procedures: A technical note**
Alexis Lheureux, CHU UCL Namur site Godinne & UCL

10.05 O2 **Smartphone-Based markerless motion capture for longitudinal monitoring after stroke**
Antoine Falisse, Model Health Inc. USA-Belgium

10.15 O3 **Mobility assistive devices: From supporting to enabling**
Elly Waals, UZ Brussel

10.25 O4 **Validation of the CAPAS-Questionnaire for assessing physical activity and sedentary behaviours in children and adolescents with cerebral palsy in French-speaking Belgium**
Aurore Gillis, UCLouvain

10.35 Coffee break

Session II: PRM and the hip
Chairs: Jean-François Kaux & Gaëtane Stassijns

11.05 I4 **Heterotopic ossification**
Marjorie Salga, Université Versailles Saint Quentin en Yvelines, Paris, France

11.30 I5 **Which anti-osteoporosis medications did actually confirm their efficacy for preventing hip fractures?**
Jean-Yves Reginster, ULiège & ESCEO

11.55 I6 **Sport after THA**
Frédéric Khiami, Hôpital Pitié-Salpêtrière, Paris, France

12.20 General Assembly (Members only)

12.35 Lunch break

Session III: Ethics and Economy
Chairs: Thierry Lejeune & Marc Schiltz

14.00 I7 **Inclusion as a moral duty**
Beno Schraepen, AP Hogeschool Antwerpen

14.25 I8 **Mapping the pre- and postoperative care pathway for spinal surgery in Belgium, with interhospital benchmarking**
Claire Gazzotti, RIZIV-INAMI

Free Communication
14.50 O5 **Robustness and PRM, the example of exercise therapy for chronic low back pain**
Anne Berquin, UCLouvain

PhD Talk
15.10 **Identification of early factors influencing rehabilitation outcomes of patients with transtibial or transfemoral amputation**
Doriane Pelzer, CHU de Liège

15.25 I9 **Telerehabilitation after total shoulder arthroplasty: Economic and ethical opportunities and challenges**
Dominiek Vandenbosch, UGent

15.50 Discussion

16.00 Coffee Break

Session IV
Chairs: Céline Sauvant & Koen Peers

16.30 PhD Talk
Quantitative assessment of spasticity-related and treatment-induced changes in muscle properties of hemiparetic patients
Marine Devis, UCLouvain

Free Communications

16.45 O6 **What is the nature of musculoskeletal injuries reported during return to sport in elite postpartum athletes: A systematic review?**
Artémis Kampouridis, ULB

16.55 O7 **Added prognostic value of EEG reactivity in comatose patients following cardiac arrest**
Sarah Caroyer & Marie Obrecht, ULB

17.05 O8 **Cerebral reorganization as a response to neonatal brachial plexus palsy: A systematic review**
Jolien Laemers, UGent

17.15 O9 **Reliability and validity of the French version of the Boston Carpal Tunnel Questionnaire and the 6-item carpal tunnel syndrome symptoms scale**
Ophélie Masquilier, Centre Hospitalier Valisana Brussels, CHU Helora Mons & UCLouvain

17.25 O10 **Spasticity in prolonged disorders of consciousness: A prospective cohort study**
Nathalie Draulans, Libra Rehabilitation & Audiology, Tilburg, The Netherlands

17.35 Announcement President's Prize & Closing Remarks
Thierry Lejeune, President of the RBSPRM

Registration

	As of 16/11
RBSPRM Member	€ 100,00
Non-Member	€ 150,00
Resident RBSPRM Member*	€ 0,00
Resident Non-Member, Paramedic*	€ 50,00
Congress Dinner on Thursday**	€ 50,00

Workshops

RBSPRM Member	€ 25,00
Non-Member	€ 35,00
Resident	€ 10,00

*Certificate confirming Resident/Paramedic status must be presented; without certificate, the Non-Member fee will be charged.
**The Congress Dinner will take place at the Faculty Club. A limited number of seats are available. Separate registration and payment are required.

Registration includes
Participation in the scientific sessions and the exhibition, the Networking Reception on Thursday, the coffee breaks and the lunch on Friday. Participants also receive the programme and abstract book and all Congress documents.

Cancellation Policy & Changes
Any participant cancelling his/her registration before 31 October 2026, will receive a refund, less € 25,00 covering administration costs. No refunds are made after this date.

General Information

Venue
Provinciehuis Leuven
Provincieplein 1, 3010 Leuven
Provinciehuis Leuven is conveniently located near the central railway station.

Parking Facilities
There are several pay car parks in the vicinity of Provinciehuis Leuven. Parking De Bond and Parking Station are recommended.
More information and a city map are available here:
https://www.leuven.be/parkings/

Accreditation
A request for accreditation is submitted to the RIZIV/INAMI. A certificate of attendance will be sent by email after the Congress.

Please bring your ID to digitally sign in during these time slots:

Thursday 26 November

Between 13.00 – 15.30 hrs	Workshop participants only
Between 15.30 – 16.30 hrs	Case Reports and Plenary Talks

Friday 27 November

Between 08.15 – 09.00 hrs	Morning Sessions
Between 16.00 – 16.30 hrs	End of Ethics Session
Between 17.30 – 17.45 hrs	End of Session IV

Exhibition
An exhibition highlighting medical and surgical equipment and pharmaceutical products will be held during the Congress. Access to the exhibition is free for all participants. The exhibition is not accessible for non-MDs.

Coffee and Lunch
Coffee and lunch breaks will take place in the exhibition hall.

Liability
In registering for the Congress, participants agree that neither the Congress Committee nor the Administrative Secretariat assume any liability. Participants should therefore organise their own health, travel and personal insurance.

Congress Dinner on Thursday 26 November

19.30 **Congress Dinner on Thursday 26 November**
The Congress Dinner will take place at the Faculty Club at 19.30 hrs on Thursday 26 November. Separate registration and payment is required.

The venue
Faculty Club is a unique conference and banqueting centre. It welcomes its guests to a unique historic setting, either in the beguinage's Infirmary, which dates back to the 13th century and which was renovated in the 16th and 17th centuries, or in the Convent of Chièvres, which was built in 1561.

The ancient historical site of the Grand Beguinage was included in the UNESCO World Heritage List in March 2000, and Faculty Club manages a part of this unique complex.

Address: Faculty Club, Groot Begijnhof 14, 3000 Leuven



Notes

Notes

Notes

We thank the following companies for their support of the Annual Congress of the RBSPRM

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